

Gambling-related harm

An introduction

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**citizens
advice**

BeGambleAware.org[®]

The Gambling Support Service

**Raise
Awareness**

**Deliver
Training**

**Help you
help your
clients**

What we do

- Gambling-related harm (GRH) minimisation project
- Training to front-line staff/advisers to identify and offer early advice and information
- Attending Events
- Awareness raising
- Professional support
- Helping you to support your clients
- Gathering data through screening and assessments - measuring harm
- Advocating a public-health approach to gambling-related harm

Working together to tackle GRH

Key stakeholders

- Government
- Gambling Commission
- GambleAware
- Responsible Gambling Strategy Board
- Industry – a responsible industry
- Creditors – advertising – sport - banks
- Public Health teams
- Councils
- Health professionals
- Safeguarding bodies
- Third sector
- Researchers
- Treatment providers
- Education
- **Frontline staff**

What is gambling?

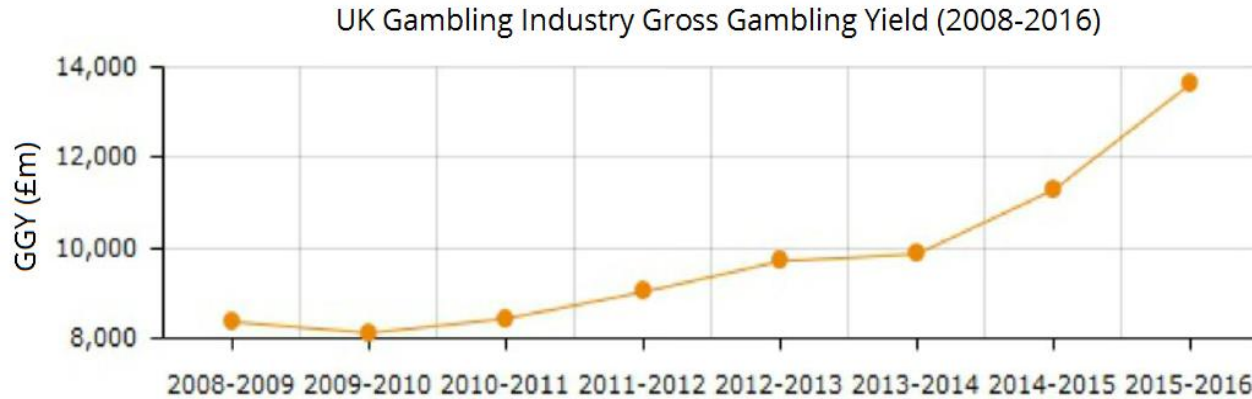
“A person is gambling whenever he or she takes the risk of losing money or belongings, and when winning or losing is decided mostly by chance.”

(Institute of Ontario: Problem Gambling, 2016)

In the Gambling Act 2005 *gambling is defined as betting, gaming or participating in a lottery. That definition distinguishes between activities which need to be **licensed** and other activities which do not.*



Big business



- **£14.4 bn**
(Apr 2017 – Mar 2018) (4.5% increase from Apr 2016 – Mar 2017)
- Tax revenue from industry was £2.9bn in 2018
- Industry expenditure on advertising reached £1.4bn in 2017

Who gambles?

46%

of people have gambled in the past four weeks

41%

of women have gambled in the past four weeks

0.2%

of women classified as **problem gamblers**

1.5%

of women classified as **at-risk gamblers**



Types of gambling



Female gambling

- 49% of women **gamble to win** compared to 42% of men
- Recent television drama – “Cleaning-up”
 - Reportedly gambled to “escape”
- **14.5%** of women gamble **online** - 24/7 availability
- Normalisation and promotion of gambling to women
- Gordon Moody Association – service tailored to women’s needs

What is gambling-related harm?

gambling-related harms are the **adverse impacts** from gambling on the **health and wellbeing** of individuals, families, communities and society

Is GRH a public health issue?

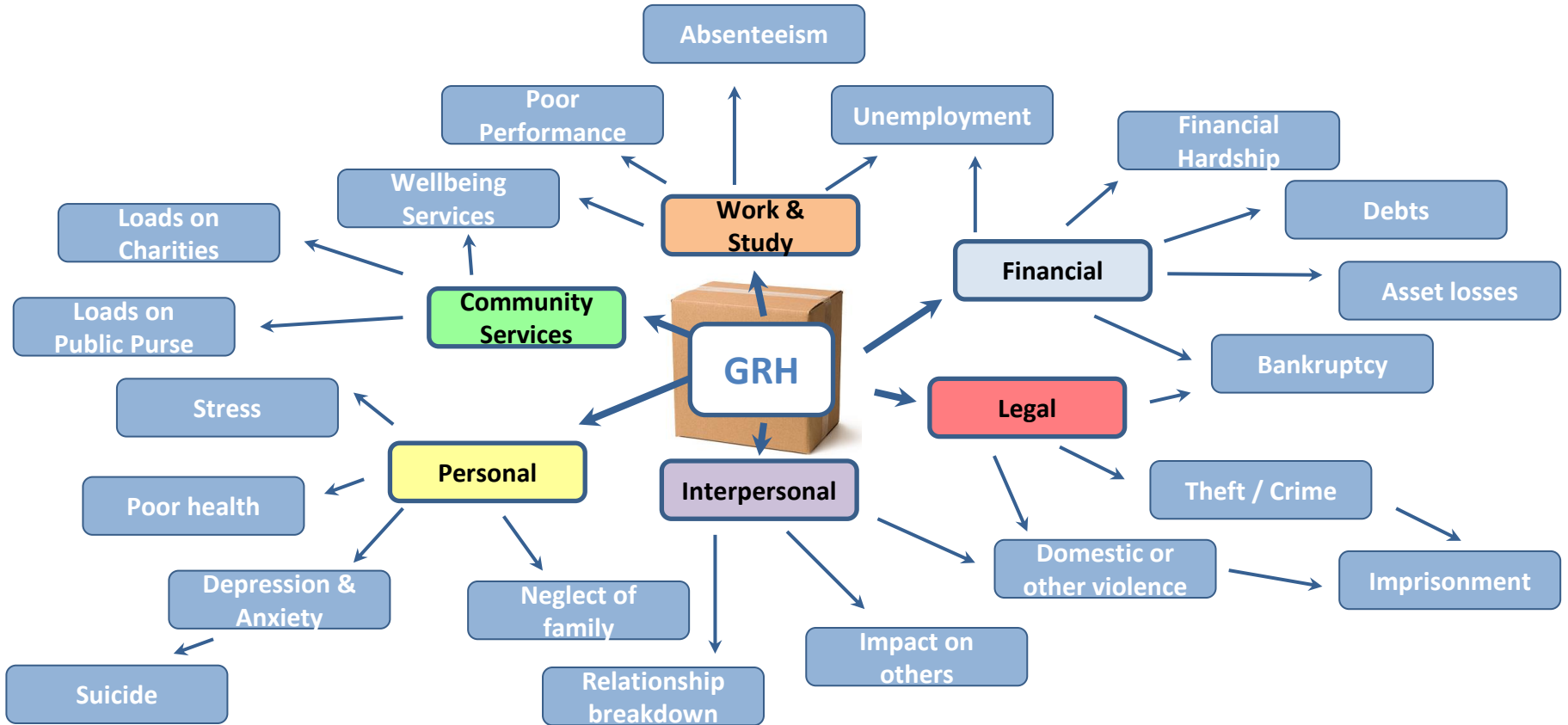
A public health issue is one that causes, or has potential to cause, harm to some or all of the population, and which cannot be tackled by interventions directed solely at individuals.

Estimates suggest that for every problem gambler, between 6 and 10 additional people are directly affected. This means that between **2.5 to 4.3 million** people in Great Britain may be affected by gambling-related harm.

Types of gambling-related harm



What are the harms?



Impacts of gambling-related harm



Health

Wellbeing

Individuals

Communities

Families

Society

What can you do - what next ?

- Raise awareness
- Run a campaign
- **Train staff**
- Targeted questions - screening clients
- Local and national support
- Keep up to date
- Lead person organisation
- Gathering information



Free training for front-line workers

- Citizens Advice Calderdale is offering **free** training to front-line staff working in areas including:
 - Health and Wellbeing
 - Drug and alcohol services
 - Housing services
 - Finance/Welfare/Benefits services
 - Adult, Children and Young People's services
 - Social Work and Safeguarding services
 - Social Prescribing services
 - Customer services

Support services

BeGambleAware.org®

The leading charity committed to reducing gambling-related harms. Programme of education, prevention and treatment services. Commissions research to broaden understanding of GRH. <https://www.begambleaware.org/>



National Gambling Helpline provides trained advisers every day between 8am and midnight and access to peer to peer support in chat rooms or forums. 0808 8020 133.



Gamblers Anonymous is a 'fellowship' group offering support for those with a gambling addiction. Locations of meetings are displayed on their website <http://www.gamblersanonymous.org.uk>

Local support

krysallis

Provides free support in **Bradford**, Rotherham, Harrogate, Huddersfield, Halifax, Sheffield, Barnsley, Scunthorpe, Grimsby, Doncaster and Hull for anyone who is concerned about their own or another person's gambling

<http://www.krysallis.org.uk/gamcare-support.html>

Local support



NHS Northern Gambling Clinic

Based in Leeds

From Summer 2019

<https://www.leedsandyorkpft.nhs.uk/news/articles/new-nhs-gambling-clinic/>

Thank you!

Questions or comments?

Get in touch:

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<https://calderdalecab.org.uk/gambling>

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